

Equine Facilitated Learning: The Eponaquest Approach

Noah's Ark Healing Center, Eliot, Maine

Three opportunities to participate in an Eponaquest Introductory workshop this summer!

June 11 & 12 The Power of Authenticity, Through the Way of the Horse
July 23 & 24 Accessing Your Heart's Desire, Through the Way of the
August 20 & 21 The Power in Vulnerability: Horse Wisdom for Humans

Though each workshop has a unique focus, as its title suggests, each will cover the basic Eponaquest philosophy and methods as developed by horsewoman, trainer and internationally acclaimed author Linda Kohanov, author of **The Tao of Equus**, **Riding Between the Worlds**, **Way of the Horse**, and her soon to be published **Five Roles of the Master Herder** and will qualify you to apply for advanced Eponaquest work.

Each workshop will help you to:

- * **expand your self awareness, embrace your intuition**
- * **discover the messages behind your emotions**
- * **appreciate the value of clear and consistent personal space**
- * **break through old and limiting thought patterns**
- * **experience what Eponaquest calls "Authentic Community"**
- * **open to the power of your authenticity and the wisdom of your heart's desire**
- * **gain the courage to embrace your vulnerability and take the next step**



As herd and prey animals, horses are finely tuned to the subtle physical and emotional shifts in the herd, their environment and in people. In your presence, and through structured activities with them, they will help you see yourself more clearly, open more fully to the power of your authentic knowing and gain tools for embracing your vulnerability and acting from your deepest wisdom.

Each workshop is appropriate for anyone exploring the human development potential in the horse-human relationship. No horse or riding experience is necessary. Enrollment is limited to 6.

Facilitators: Noah's Ark Center Herd and Eponaquest Advanced Instructor and Eponaquest Faculty Member Mary-Louise Gould

Early registration \$295.00 (2 weeks before workshop dates); \$325.00 thereafter.

For more detailed information about each workshop and to register please contact Mary-Louise Gould at ml@eponaquest.com or 520-975-6126

For more information about Epona Equestrian Services, visit www.eponaquest.com